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High Quality, Sustainable Herbal Tea: Devon-Based Gathered & Grown Launches Carbon-Negative Herbal Blends, Handmade on their Wildlife-Friendly Farm

Herbal teas grown, handpicked, solar-dried, and blended on a regenerative farm in East Devon.

Founded by wife-and-husband team Ceri and Ben Richards, Gathered & Grown is a new, independent maker dedicated to premium, sustainable herbal tea. Grown, dried, and blended entirely on their five-acre farm in East Devon, their herbal teas are carbonnegative, wildlife-friendly, and hand-crafted from start to finish, delivering a product that is both ethically made and exceptionally high quality.

Their herbs, including lemon verbena, nettle, mint, chamomile, lavender, lemon balm, and calendula, are grown without artificial chemicals using regenerative, no-dig methods, in beds made from locally produced woodchip and compost. Picked by hand, they are dried in a custom-built polytunnel that uses solar heating to reduce the energy needed by 90% - this coupled with their solar panels means they generate more electricity than they use as they grow, dry and blend their products.

"We wanted to prove that it's possible to make delicious herbal tea in a way that actively improves our local environment and creates a place for wildlife" says Ceri. "Everything is done by hand, from sowing and harvesting to blending and packing, and we've kept every stage of the process here on our land."

The result is a line of small-batch, loose-leaf herbal teas with exceptionally low food miles and full traceability. Blends like *Morning, Noon* and *Night* are crafted with care for the best possible taste, offering bright, fresh flavour profiles that reflect their Devonshire roots.

With a professional background in ecology and market gardening, Ceri's passion for herbal tea began when making small batches from foraged ingredients. After a positive response the pair decided to fully commit to scaling up the business, selling their home to buy land and setting up temporary accommodation in yurts as they get started.

With over 1,500 native trees planted and new wildlife habitats created, including wildflower meadow and orchard, wildlife is thriving on the site with a wide range of insects, birds and mammals seen across the farm.

Their packaging is also as considered: reusable metal tins, 100% recyclable or compostable refills, and plastic-free delivery make it easy for customers to enjoy great tea without waste.

Gathered & Grown teas are available online at <u>www.gatheredandgrown.co.uk</u> and are perfect for those who want to enjoy or gift high quality, sustainable produce.

NOTES TO EDITORS

- Gathered & Grown is based near Newton Poppleford, East Devon.
- All herbs are grown, hand-harvested, solar-dried, blended, and packaged on-site.
- Farming methods are regenerative, organic (currently in conversion), no-dig, peat-free, and chemical-free.
- Wildlife-friendly practices include 1,500+ trees planted, bird/insect habitats, and companion planting.
- Interviews are available upon request, photography available at gatheredandgrown.co.uk/publicity.

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